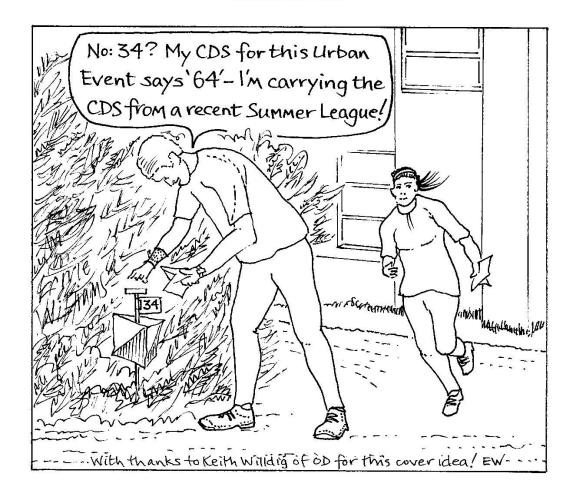


THE NEWSLETTER of the EAST MIDLANDS ORIENTEERING ASSOCIATION

SUMMER 2018



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EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.

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East Midlands website: www.emoa.org.uk

Copy Date for next issue: 24th September 2018 for next EMEWS. Contributions are always welcome but especially by e-mail (<u>mikegardvo@sky.com</u>).

Cover - Thanks as usual to Ernie and it can easily happen! Also best wishes for your cellulitis. Hope it improves soon.

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Report on East Midlands Meeting - 11th June 2018

EMOA Website - The EMOA website has been updated to include the winners of the last (2017, though event was in 2018!) East Midlands Championships and the 50th anniversary logo. The website is available at http://www.emoa.org.uk/.

Trophies - After reviewing the pictures Mike Godfree provided of the EMOA Trophies it was proposed that a better trophy was bought for the W21 class.

EMOA 50th Logo and Celebration - It was agreed at the EMOA meeting that the region would purchase a momento, with the 50th anniversary logo on, which would be handed out to all attendees at the East Midlands Champs. (Just a note if anyone reads the AGM Agenda later in the newsletter and sees it is the 54th EMOA AGM - The first 4 years EMOA was the North Midlands Orienteering Association, so it is the 50th anniversary of East Midlands Orienteering Association).



Finances - At the last EMOA AGM it was agreed by the meeting that EMOA should waive the levy paid by clubs for all events, so that it could be used for development work in the clubs. The accounts would be down by around £1,000 this year due to this levy not being collected. One problem is that in order to assist with the JIRCS 2018 budget, EMOA is quite close to having very little in the current account. It was felt the committee needed a policy for how much to keep in their bank. The following statement was unanimously agreed by the EMOA committee: "EMOA should maintain a cash reserve of £10,000 in the current and savings accounts (excluding the Junior Squad Deposit Account), to allow for the support of major events."

The Treasurer was then asked to create a budget to break even next year.

Regional Training Day - Chris Phillips has arranged for the Regional Training Day to be 24^{th} November. He has already got three courses for Controllers, Planners and Organisers set up and potentially others will be added.

Development Officer - EMOA is still short of someone to perform the Development Officer role. Could members please consider volunteering for this role as it is important to have someone leading the development work in the region. If anyone is interested please talk to Chris Phillips.

Junior Squad - The squad report is available elsewhere in the newsletter. The committee congratulated the Junior Squad members on their recent good results.

Data Protection - EMOA do not keep personal details of members (as these are kept by the British Orienteering Federation) and clubs keeps results, and EMEWS is distributed through the clubs. EMOA will ensure that if they do keep any personal it will be collected, maintained and deleted in line with the GDPR requirements.

Future Events:

- (i) 29/30 Sep 2018 JIRCS 2018 DVO Chatsworth / Carsington
- (ii) 30 Sep 2018 East Midlands Score Champs DVO Carsington
- (iii) 16 Dec 2018 East Midlands Champs NOC Dukeries
- (iv) 17 March 2019 CompassSport Cup Heat NOC Sherwood Pines
- (v) 14/15 Sep 2019 British Sprints / Middle 2019 LEI / DVO Loughborough / Chinley Churn
- (vi) 8 Dec 2019 East Midlands Champs LOG Grimsthorpe
- (vii) 2019 0 East Midlands Sprint Champs LOG Witham St Hughes
- (viii) 11 Feb 2020 Midland Champs 2020 DVO Shining Cliff

Future Possible Events

- (i) Yvette Baker Trophy Final 2020 LEI
- (ii) British Schools Score 2020 DVO
- (iii) CompassSport Cup Final 2021 DVO

Future Major Events - EMOA have been concerned about the expectation being placed on the region in relations to the British Long Distance Championships in 2021 and the JK in 2024. EMOA have provided feedback stating we "have very few areas that are suitable for large Level A events, probably only three or four in the region. None of these are available in the mid-March to end of May time slot that would be required for the British Long Championships or JK.

Secondly, given that we have been asked to host two very large events in a fairly short timescale we are of the view that we do not have sufficient experienced members to provide the two sets of officials that would be required.

Thirdly, in terms of membership numbers, we are a very small region. We believe that we would struggle to find enough volunteers to run the events.

Our conclusion therefore, is that we do not have sufficient resources as a region to host either the British Long Championships or the JK."

Dates and venues for future meetings - All meetings to be held at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire at 7.30 p.m. The next meeting will be the EMOA AGM (see agenda elsewhere), then the following committee meeting will be on Monday 19^{th} November 2018. All members are welcome to attend committee meetings if they wish. Please do attend the AGM.

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EMJOS Summary - June to September 2018

<u>21st & 22nd April</u> York University Sprints (Talent squad event) and Wass Forest (Northern Championships), Talent Squad and summer camp selection race. An intense weekend of competition and training for the EMJOS juniors, who travelled together to take part in the Talent Squad Sprints at the University of York and the summer camp selection race at the Northern Championships.

The Sprints used the exceptionally technical University East Campus, previously used for the JK and British Sprints, giving an opportunity to directly compare all runners on just two courses.

The GB Sprint Team set off first to check out the courses and came back praising the planner for the variety of route choices and longer leg lengths which is a characteristic of the European sprint format.

So on the same courses, our notable finishers were:

W16: 2nd Rachel 17:24 (winner and top women's time Megan Keith 15:08) and 19th Libby.

W18/20: 17th Sarah, 21st Anna, 24th Jess and 25th Imogen.

M16: 10th Ben S and 13th Ben M

M18/20: 24th Ethan.

For Saturday afternoon Ant prepared 3 short (1.1km) exercises through the woods near the White Horse landmark (east of Thirsk). These woods are an extension of the same escarpment being used for the Wass event - so similar terrain.

Each exercise started and finished on a path but dropped down through the woods and boulders picking out 5/6 control sites. Everyone agreed that this was ideal practice in the local terrain: an opportunity to appreciate how the mapper had interpreted the ground features.

We did not do the third exercise but instead we had ice creams and lollies to help us back up the 100+ steps.

Overnight we were joined by 5 juniors from the SE Junior Squad (SEJS). The continuing nice weather meant there was plenty of daylight after tea for the juniors to find the local park.

The Northern Championships at Wass Forrest (east of Thirsk, at the top of Sutton Bank - poor minibus!) The early runs were an advantage because some heavy rain showers late morning turned the steep valley slopes that were already difficult to negotiate, into almost impossible muddy slides.

Significant runs from the EMJOS squad were:

12th Libby W14 2nd Ben S M14 (Championship time)

12th Rachel W16 18th Ben M, M16 10th Sarah W18E 10th Finn M20E

17th Anna W18E

18th Imogen W18E 19th Jess W18E

<u>28th April</u> Cademan (LEI) combined training with Octavian Droobers and West Midlands Junior Squad.

Ten EMJOS juniors joined up with the West Midlands Juniors at an Octavian Droobers training day at Cademan Wood (LEI area) on a wet Saturday 28th April 2018.

The lead coach Andy Emmerson (OD) made very good use of the contour details to set 3 exercises focusing on the hills and re-entrants. With footpaths remove from the map, it was a challenge to not be distracted by the many paths.

The follow on exercises were re-location, simplification of legs and attack points. Many found that it was useful to ignore the footpaths on the ground or map and use the contours and water features to navigate by.

The mass relay at the end finished off the training day - with all 3 groups coming together for a very gaffled (multiple routes) so no one could follow anyone else down the wrong path!

13th May Hartshill Hays (After OD Bentley Wood event)

Nine EMJOS juniors returned to this favourite training area in the West Midlands, combining the day with a morning run in the spectacular blue bells of Bentley Woods (OD).

The focus of the training led by Ant, was to practice combining individual techniques to support long legs and racing pressure. Corridor exercises looked to combine techniques - compass bearing, pacing and fine map reading to remain on the map. Longer loop exercises focused on breaking down the legs into sections and using the appropriate technique. The finishing off relay and the morning event provided race practice.

At the debriefing session Ant went over the training build-up to peak at the selected key race(s) for the session. The analogy of a cake -"It's a piece of cake!", made up of tiers of preparation, training and pre-races was described in detail.

Future Training

17th June combined with DVO Stanton Moor Regional Event. Training to be led by John Mather (LOG). To be joined by West Midlands Junior Squad.

As part of the day it is planned to have an officials meeting for JIRCS2018.

14th October Social Event - Pizza after Grangewood event (near Shepshed)

Ant and Ann-Marie to look ahead to the autumn session to extend the O'Planner to the end of the year.

Junior Achievements

<u>British Long Championships 2018</u> - Balmoral Scotland Jake O'Donnel M12A (3rd) Ben Squire M14A (14th)

Ben O'Donnell M14A (19th)

Rachel Duckworth W16A (7th)

Sarah Duckworth W18E (13th)

JROS Lagganlia summer camp selections for Libby Barber and Ben Squire.

JROS Deeside summer camp selection for Rachel Duckworth.

Talent Squad camp at Blencathra (Lakes) for Rachel Duckworth.

Fundraising

To be confirmed with individual event organisers, but likely events with good participation numbers are:

EM & UKUrban League event Oakwood (DVO) and

EM Champs The Dukeries (NOC).

Ann-Marie Duckworth - June 2018

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Orienteering Foundation

- i) New Trustee appointed, Roger Scrutton from Scotland
- ii) 5 Grants approved to athletes selected for European Championships
- iii) Annual report and accounts for 2017 finalise and on the web site https://www.orienteeringfoundation.org.uk/resources
- iv) The foundation has updated it data privacy policy in line with GDPR

Pauline Olivant

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National Forest Report

The National Forest is working on a new 25 year plan with a large focus on recreation and access.

They are looking to fund an as yet unidentified large new plot on the Derbyshire / Leics border Roslinton is now being operated directly by S Derbys Council

The £1M Black to Green 3 year project is coming to a close and the celebrate it and launch the end result they are to have a big event on August 25^{th} . Part of the project has been the erection of 7 large information displays in metal and I have arranged that each will have an Orienteering symbol akin to a POC post which could be used in conjunction with other controls. They will want to stage some sort of O event as part of the day's celebrations.

Roy Denney

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JIRCS Volunteers Required

As you may know, East Midlands Orienteering Association are hosting this year's **Junior Inter Regional Competition** on **29th and 30th of September 2018** and many of our young athletes will be taking part.

Plans are well in hand for the individual run on Saturday at the Chatsworth Estate and the relay competition on Sunday morning at Carsington Pastures (before the East Midlands Score Champs event in the afternoon).

We need to ask for volunteers to help with jobs such as assisting at the start and finish and marshalling for gates etc. We will need help for both Saturday and Sunday.

Saturday between 10am and 4pm (Starts are after 12:30)

Sunday we have to cover from 7am to around 1pm (starts at 9am).

If you are able to help then please let us know which day and time you are available, along with your contact details and we will get back to you once we have collated the list.

This promises to be a great event in our area so please try to find time to be part of the team and help make this event a great success.

Many thanks

Sarah Pennell

Co-ordinator JIRCS 2018 (and a DVO Member)

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The 54th East Midlands Orienteering Association AGM

Notice is hereby given that the Annual General Meeting of the East Midlands Orienteering Association will be held at 7.30pm on Monday 24th September 2018 at the

Pace Room, St Mary's Church, Clifton Village, Nottingham

AGENDA

- 1. Apologies for absence
- 2. Approval of minutes of last AGM September 17th 2017
- 3. Proposed standing order changes
- 4. Chair's Report
- 5. Financial Secretary's report including membership numbers and presentation of accounts
- 6. Approval of Balance Sheet and Income and Expenditure Statement
- 7. Election of Principal Officers

Chair

Vice Chair

Financial Secretary

Development Co-ordinator

- 8. Other EMOA Officers
- 9. Appointment of Independent Financial Examiner
- 10. Budget projections for coming year to 30.6.2019 and recommendations for membership fees and event levies (Financial Secretary)
- 11. Fixing of charges

Membership fees

Event Levies

- 12. Plans for the coming year (Chair)
- 13. Any Other Business
- 14. Close of formal meeting followed by open discussion

Tea and biscuits will be provided

If anyone has any additional items they want adding to the agenda of the AGM, then please let EMOA Secretary (Mike Gardner) know.

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East Midlands Urban League 2018

The events for the EM Urban League for 2018 are shown below. The scoring is the best 4 out of 8 events to count. There have now been two events in the League, Buxton and Southwell.

1	DVO	Buxton	01-Jan
2	NOC	Southwell	29-Apr
3	LEI	Quorn	10-Jun
4	LOG	Skegness	24-Jun
5	LOG	Lincoln City	19-Aug
6	NOC	Nottingham (TBC)	16-Sep
7	LEI	Shepshed	07-Oct
8	DVO	Oakwood	09-Dec



Junior Men

	Name		Club	best 4	UL1	UL2	UL3	UL4
1	Ben Mather	M16	LOG	200/2		100		100
2	Jake O'Donnell	M12	DVO	100/1	100			
3	Ben O'Donnell	M14	DVO	96/1	96			

Junior Women

	Name		Club	best 4	UL1	UL2	UL3	UL4
1	Sophie Vincent	W16	DVO	100/1		100		
1	Libby Barber	W14	LEI	100/1			100	
3	Rachel Duckworth	W14	DVO	96/1	96			
4	Alice Woodward	W12	DVO	90/1	90			

Open Men

•	Name		Club	best 4	UL1	UL2	UL3	UL4
1	Mike Chapman	M35	LOG	266/3	88	91	87	
2	Andy Glover	M40	LEI	183/2		90	93	
3	Alan Le Moigne	M40	DVO	178/2		87	91	
4	Craig Lucas	M21	LOG	177/2			86	91
5	Louis Forshaw-Perring	M20	DVO	93/1	93			
5	Jenny Jones	W21	NOC	93/1		93		
7	John Mather	M45	LOG	89/1			89	
8	Liam Harrington	M21	LOG	89/1	89			
8	Lee Hartill	M21	LOG	89/2		89	0	
9	David Newton	M40	DVO	86/1	86			
9	Matthew Green	M21	NOC	86/1		86		

Open Women

•	Name	Clark	h 4	111.4	111.2		111.4
	Name	Club	best 4	ULI	ULZ	UL3	UL4

1	Andrea Page	W40	LOG	369/4	93	91	96	89
2	Sally Calland	W40	RSOC	196/2	100	96		
3	Tracey Brookes	W50	LEI	181/2	91		90	
4	Holly Haywood	W21	LOG					93
4	Helen Chiswell	W40	DVO	93/1		93		
6	Imogen Wilson	W18	LEI	91/1			91	
7	Grace Pennell	W18	DVO	90/1	90			
8	Hebe Parr	W21	DVO	90/1		90		

Veteran Men

	Name		Club	best 4	UL1	UL2	UL3	UL4
1	Richard Parkin	M50	DVO	293/3	93	100	100	
2	Francesco Lari	M50	DVO	276/3	89	96	91	
3	Paul Murgatroyd	M50	LOG	187/2	91		96	
4	John Mather	M45	LOG	182/2		91		91
5	Stefan Chafer	M50	LEI	173/2		86	87	
6	Andy Parry	M40	DVO	171/2	85		86	
7	Alastair Paterson	M50	LEI	167/2		83	84	
8	Graeme Barker	M45	NOC	93/1				93
9	Richard Willis	M45	NOC	90/1		90		
10	Dai Bedwell	M50	DVO	89/1			89	

Veteran Women

	Name		Club	best 4	UL1	UL2	UL3	UL4
1	Tanya Taylor	W45	LOG	396/4	96	100	100	100
2	Sal Chaffey	W50	DVO	368/4	91	91	93	93
3	Helen Parkinson	W50	NOC	278/3		93	89	96
4	Jillian Barker	W45	NOC	179/2		89		90
5	Claire Selby	W45	DVO	176/2			87	89
6	Clare Hanna	W50	LOG	173/2			85	88
7	Jane Dring-Morris	W45	LEI	172/2		88	84	
8	Lisa Cooke	W40	DVO	90/1		90		
8	Alison Hardy	W50	LEI	90/1			90	
10	Michelle Mackervoy	W45	DVO	89/1	89			

Supervet Men

	Name		Club	best 4	UL1	UL2	UL3	UL4
1	John Hurley	M60	DVO	340/4	84	90	86	80
2	Andrew Ridgway	M55	NOC	293/3		100	100	93
3	Robert Parkinson	M60	NOC	272/3		93	89	90
4	David Vincent	M55	DVO	264.5/3		91	90	83.5
5	Mick Lucking	M60	NOC	177/2		89	88	

6	Paul Hudson	M55	NOC	176/2	91	85		
7	Mike Gardner	M60	DVO	169/3	0	84	85	
8	Andy Portsmouth	M60	LEI	157/2	78	79		
9	Paul Addison	M60	DVO	96/1	96			
10	Graham Johnson	M60	DVO	89/1	89			

Supervet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4
1	Ruth Ellis	W65	DVO	349/4	85	89	91	84
2	Amanda Roberts	W55	LOG	300/3	100		100	100
3	Amanda Price	W55	DVO	196/2		100	96	
4	Angela Lucking	W55	NOC	183/2		93	90	
5	Val Johnson	W55	DVO	93/1	93			
6	Sue Russell	W55	DVO	91/1	91			
6	Jane Booker	W60	NOC	91/1				91
8	Janet Evans	W55	NOC	90/1	90			
8	Ursula Williamson	W55	LEI	90/1		90		
10	Kim Buxton	W55	DVO	89/1	89			

Ultravet Men

	Name		Club	Best 4	UL1	UL2	UL3	UL4
1	Kevin Gallagher	M65	LEI	340/5/4	85	82.5	87	87
2	Derek Gale	M70	DVO	326/4	81	80	81	84
3	Robert Haskins	M65	LEI	263/3	88	86	89	
4	Ian Parfitt	M65	DVO	255.5/4	0	82.5	86	88
5	Jeffrey Baker	M65	LOG	246/3	84	79	83	
6	Dave Skidmore	M70	DVO	238/3	79		77	82
7	Doug Dickinson	M70	DVO	189/2	93	96		
8	Mike Godfree	M65	DVO	186/2		90		96
9	Roger Edwards	M65	LEI	171/2		79	93	
10	Chris Bosley	M70	LEI	152/2		73	79	

Ultravet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4
1	Jen Gale	W70	DVO	349/4	87	90	91	81
2	Liz Godfree	W70	DVO	300/3	100	100		100
3	Maureen Webb	W65	LEI	262/3	84		96	82
4	Diane Ford	W70	LEI	175/2		87	89	
5	Viv Macdonald	W65	DVO	93/1	93			
6	Ann Armistead	W65	DVO	91/1	91			
7	Hilary Palmer	W70	NOC	89/1				89
8	Anne Gibbs	W70	LOG	87/1				87
9	Kirsten Williams	W65	DVO	85/1	85			

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East Midlands League 2018

The following are the future events still planned for the League in 2018:

14th October - DVO - Grange Wood

4th November - NOC - Silverhill

18th November - DVO - Linacre

25th November - LEI - Bradgate Park

30th December - LFI - TBC

Here is the League status top 10s for those who have more than one thousand points:

The following events are included at this stage:

1 - Strawberry Hill (NOC)

2 - Burbage Common (LEI)

3 - Lincoln South (LOG)

4 - Bestwood (NOC)

5 - Cademan (LEI)

6 - Byron's Walk (NOC)

7 - Hardwick Park (DVO)

8 = Castle Hill (LEI)

9 - Stanton Moor (DVO)

White - Male

Name	Club	Age								Total	
Lewis Bones	LOG	10	1000-1	1000-2	1000-3	1000-4	1000-5	1000-6	1000-8	7000	1
Rory Squire	NOC	10	942-3	1000-7						1942	2

White - Female

2.5 5 1.505 1.	India Turner	DVO	6	1000-5	1000-7							2000	1
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Yellow - Male

Josh Bones	LOG	12	1000-1	1000-3	924-4	662-5	456-6	1000-8		5042	1
Felix Jarvis	LEI	10	974-1	1000-2	458-5	516-6	897-7	927-8		4772	2
Alexander Barker	NOC	8	1000-4	1000-5	1000-6	839-7	820-8			4659	3

Yellow - Female

Alexa Lindsay	DVO	12	1000-2	900-5				1900	1

Orange - Male

lan Jarvis	LEI	50	905-1	1000-2	1000-3			2905	1
Leo Crown	DVO		1000-7	1000-9				2000	2

Orange - Female

Robyn Jarvis	LEI	12	1000-1	1000-2	978-3	1000-7	762-8		4740	1
Sarah Pennell	DVO	50	738-1	855-2	717-3	276-5			2586	2
Matilda Tikkanen	LEI	14	910-5	1000-8					1910	3

Light Green - Male

Joseph Turner	DVO	16	1000-1	1000-7	899-9			2899	1
Phillip Caswell	LEI		1000-6	1000-9				2000	2

Light Green - Female

Hannah Mather	LOG	12	1000-3	560-6	1000-7	1000-9			3560	1
Lisa Cooke	DVO	40	873-1	615-2	432-6	858-7	552-9		3330	2
Libby Barber	LEI	14	1000-2	869-5	1000-6				2869	3

Short Green - Male

Kevin Gallagher	LEI	65	864-1	1000-2	934-3	620-4	829-5	1000-6	981-7	1000-8	7228	1
Peter Chick	LEI	70	693-1	759-2	835-3	712-4	811-6	985-7	787-8	614-9	6196	2
David Bray	LEI	65	771-1	827-2	800-3	920-4	919-5	813-8	1000-9		6050	3
David Anderson	LEI	75	784-1	892-2	897-3	1000-4	823-5	884-6	751-8		6031	4
John Woodall	NOC	80	661-1	732-2	645-3	707-4	703-5	733-6	771-7	513-8	5465	5
Peter Leake	LEI	75	775-1	881-2	839-4	782-5	660-6	975-8			4912	6

Andrew Breakwell	NOC	70	867-1	646-2	584-3	1000-5	953-7			4808	7
Ernie Williams	LEI	75	633-1	748-2	556-4	553-5	660-6	713-7		3863	8
John Cooke	DVO	70	539-1	649-5	682-6	717-7	691-9			3278	9
Ranald Macdonald	DVO	65	717-1	842-5	736-7	773-8				3098	10

Short Green - Female

Jen Gale	DVO	70	903-1	921-2	889-4	809-5	821-7	763-8		5116	1
Ursula Williamson	LEI	55	637-1	787-2	927-3	874-4	1000-5	770-7		4995	2
Maureen Webb	LEI	65	740-1	907-3	846-4	952-5	603-6	746-8		4794	3
Viv Macdonald	DVO	65	984-1	933-5	957-7	1000-8				3874	4
Ann Armistead	DVO	65	1000-1	938-4	864-5	963-7				3765	5
Diane Ford	LEI	70	549-2	670-3	591-4	531-6	614-7			2955	6
Christine Middleton	DVO	70	864-1	1000-2	941-4					2805	7
Jane Booker	NOC	60	965-4	871-6						1836	8
Helen Finlayson	DVO	70	962-1	874-7						1836	8
Christine Elliott	NOC	60	1000-5	826-6						1826	10

Green - Male

Simon Ford	LEI	75	977-1	869-2	993-3	1000-4	1000-5	985-6	1000-7	823-8	7647	1
Roger Edwards	LEI	65	896-1	862-3	741-5	1000-6	912-7	1000-8	750-9		6161	2
Andy Hawkins	DVO	70	823-1	785-2	716-4	773-5	749-6	779-8	862-9		5487	3
Andis Ozols	DVO	35	671-1	575-2	678-3	712-4	756-6	635-7	617-8	656-9	5300	4
Rex Bleakman	DVO	70	973-2	812-4	623-5	891-6	995-7	831-9			5125	5
Dave Skidmore	DVO	70	737-1	720-2	540-3	606-4	638-5	835-6	676-9		4752	6
Andy Portsmouth	LEI	60	630-1	686-3	612-4	562-5	697-6	623-7	625-8		4435	7
Chris O'Donnell	DVO	50	661-1	559-2	608-3	624-5	712-6	600-8	650-9		4414	8
Jeffrey Baker	LOG	65	886-1	719-2	582-3	610-5	867-6	716-7			4380	9
Doug Dickinson	DVO	70	950-1	1000-2	756-3	831-4	742-5				4279	10

Green - Female

Jane Burgess	DVO	60	636-1	738-2	745-3	955-4	821-5	788-6	743-7	751-9	6177	1
Liz Godfree	DVO	70	1000-1	1000-2	1000-3	819-5	1000-7	1000-9			5819	2
Kim Buxton	DVO	55	655-1	639-2	765-3	1000-4	678-7	788-9	753-9		5278	3
Ruth Ellis	DVO	65	661-1	641-3	845-4	842-5	728-6	684-7	683-9		5085	4
Anne Cunningham	DVO	50	402-1	477-2	503-3	649-4	581-6	592-7	565-9		3769	5
Amanda Roberts	LOG	55	825-2	940-3	838-5	1000-6					3603	6
Jane Dring-Morris	LEI	50	550-1	619-2	654-3	755-4	761-6				3339	7
Margaret Keeling	DVO	70	607-2	576-3	780-4	622-6	663-7				3248	8
Joanne Nell	RAFO	50	702-1	736-2	837-3	672-6					2947	9
Donna Hawkins	DVO	55	508-1	478-2	633-4	523-5	599-6				2741	10

Blue - Male

Jake O'Donnell	DVO	12	770-1	985-2	957-3	1000-6	829-7	953-8	929-9		6423	1
John Hurley	DVO	60	683-1	1000-3	846-4	836-5	713-6	913-7	919-8		5910	2
Steve Schofield	NOC	55	745-1	863-2	979-3	743-4	736-6	903-7	891-9		5860	3
Mike Gardner	DVO	60	728-1	877-2	746-4	906-5	792-7	910-8	745-9		5704	4
Russell Buxton	DVO	60	626-1	856-2	858-3	662-4	912-7	891-8	828-9		5633	5
Alastair Paterson	LEI	50	688-2	761-3	634-4	672-5	633-6	693-7	797-8	716-9	5594	6
lan Wilson	LEI	50	707-1	853-2	721-4	736-5	701-6	917-8	841-9		5476	7
Derek Gale	DVO	70	754-1	784-2	787-4	756-5	946-8	937-9			4964	8
Andrew Ridgway	NOC	55	659-1	898-2	905-3	690-5	671-6	917-9			4740	9
Andy Skyes	DVO		754-1	1000-5	851-6	892-8	1000-9				4497	10

Blue - Female

Tanya Taylor	LOG	45	1000-1	1000-2	1000-3	1000-4	939-5	980-6	1000-7	1000-8	7919	1
Alison Hardy	LEI	50	776-1	937-2	702-4	1000-5	1000-6	775-8			5190	2
Jillian Barker	NOC	45	714-2	603-4	804-5	675-6	759-7	618-8			4173	3
Imogen Wilson	LEI	18	913-1	816-2	1000-9						2729	4
Jessica Dring-Morris	LEI	18	812-1	813-2	869-3						2494	5

Grace Pennell	DVO	18	587-1	562-2	591-3	639-6			2379	6
Tracey Brookes	LEI	50	796-2	853-7	624-8				2273	7
Michelle Mackervoy	DVO		965-7	895-9					1860	8
Sal Chaffey	DVO	50	925-1	886-2					1811	9
Anna Barber	LEI	18	923-2	816-6					1739	0

Brown - Male

Francesco Lari	DVO	50	780-1	721-3	927-4	789-5	736-6	1000-7	640-9	5593	1
Alan Le Moigne	DVO	40	616-1	873-2	696-3	840-4	863-7	874-8	551-9	5513	2
Richard Dearden	NOC	45	842-1	980-2	873-4	839-5	972-8	747-9		5253	3
Paul Goodhead	DVO	55	980-2	685-3	738-5	858-7	925-8			4186	4
Edward de Salis	LEI	45	1000-2	945-5	609-6	879-7	599-9			4032	5
Young											
Richard Parkin	DVO	50	978-1	1000-3	1000-6	1000-9				3978	6
Richard Leake	LEI	50	856-1	989-2	971-5	790-6				3606	7
Anthony Squire	NOC		811-3	991-7	828-9					2630	8
Graeme Barker	NOC	45	892-2	872-7	848-8					2612	9
David Pettit	DVO		523-1	661-4	735-7	555-9				2474	10

Brown - Female

Jenn Gaskell	DVO	21	1000-1	656-2	816-3	1000-4	1000-6	683-7	659-8	690-9	6504	1
Julie Ferris	LEI	50	1000-2	1000-5	1000-7						3000	2
Helen Chiswell	DVO	40	1000-3	855-5	1000-9						2855	3
Leah Williams	LUOC	21	829-5	1000-8					·		1829	4

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Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

July

		_	11	11	11	11	
Sun 1 st	Yvette Baker Trophy Final	В	HOC	WM	Arrow Valley Park	Redditch	
Sun 1st	YHOA Urban League / UKUL	С	<u>EPOC</u>	ΥH	<u>Halifax</u>	Halifax	
Wed 4 th	LEI Summer League 11	D	<u>LEI</u>	EM	Swithland Woods	Loughborough	SK537118
Wed 4 th	OD Summer Evening Event - Rough Close	D	<u>OD</u>	WM	Rough Close Scout Camp	Coventry	
Wed 4 th	Matlock Summer Series	D	DVO	EM	Hall Leys	Matlock	
Thu 5 th	Lincs Urban League	D	<u>LOG</u>	EM	Welton	Lincoln	
Sun 8 th	Sheffield City Race / YHOA Urban League / UKUL	С	<u>SYO</u>	ΥH	Sheffield City	Sheffield	SK348870
Sun 8 th	(WMOA League #6) OD Burton Dassett Hills Country Park	С	<u>OD</u>	WM	Burton Dassett Hills Country Park	Southam	SP396519
Wed 11 th	Lincs Urban League 4 - Immingham	D	<u>HALO</u>	ΥH	<u>Immingham</u>	Immingham	
Wed 11 th	Matlock Summer Series	D	<u>DVO</u>	EM	tbc	Matlock	
Thu 12 th	LEI Summer League 12	D	<u>LEI</u>	EM	Oakham School	Oakham	SK860091
Sat 14 th	Fat Rascal - YHOA Sprint Champs/YHOA Urban League	С	<u>AIRE</u>	YH	Cliffe Castle and Myrtle Park	Keighley	
Sat 14 th	Staunton Harold - South Derbyshire Challenge	D	DVO	EM	Staunton Harold Reservoir - tbc	Melbourne	
Sat 14 th	Explore The Parks	D	NOC	EM	Rushcliffe Country Park	Ruddington	SK575320
Sun 15 th	Fat Rascal Weekend/YHOA Urban League	С	AIRE	ΥH	Bingley	Bingley	
Sun 15 th	SMOC Keyne-O, Great Linford	D	SMOC	EA	Great Linford	Milton Keynes	
Sun 15 th	Sutton Coldfield Town Centre Urban	С	COBOC	WM	Birmingham Metropolitan College - Sutton Coldfield Campus	Sutton Coldfield	
Tue 17 th	LEI Summer League 13	D	<u>LEI</u>	EM	Spring Cottage	Ashby	SK298173
Thu 19 th	Lincs Urban League	D	<u>LOG</u>	EM	Woodhall Spa	Horncastle	TF190635
Sat 21st	Foremark - South Derbyshire Challenge	D	DVO	EM	Foremark Reservoir - tbc	Ticknall	
Sat 21st	Wolds Mini Marathon	D	LOG	ЕМ	Old Bolingbroke	Lincoln	TF348651

Wed 25 th	LEI Summer League 14	D	<u>LEI</u>	EM	Foxton Locks	Leicester	SP691897
	Lincs Urban League 6 - Market Rasen	D	<u>HALO</u>	ΥH	Market Rasen	Market Rasen	
Sun 29 th	Lakes 5 Day 1 (UKOL)	В		NW	Silver Howe	Ambleside	
Mon 30 th	Lakes 5 Day 2	В		NW	Angle Tarn Pikes	Patterdale	
Tue 31st	Lakes 5 Day 3	В		NW	Harrop Tarn	Keswick	

August

Wed 1 st	Lakes 5 Day Rest Day Urban Race	D	<u>LOC</u>	NW	Ulverston Urban	Ulverston	
Thu 2 nd	Lakes 5 Day 4	В		NW	Askham Fell	PooleyBridge	
Thu 2 nd	LEI Summer League 15	D	<u>LEI</u>	EM	Anstey Urban	Leicester	SK550086
Fri 3 rd	Lakes 5 Day 5 Middle Distance(UKOL)	В	LOC	NW	Graythwaite West	Hawkshead	
Tue 7 th	LEI Summer League 16	D	<u>LEI</u>	EM	Martinshaw Woods	Leicester	
Sat 11 th	Swadlincote Woodlands - S Derbyshire Challenge	D	DVO	EM	Swadlincote Woodlands - tbc	Swadlincote	
Sun 12 th	LEI Summer League 17 and LEI Score Cup	D	<u>LEI</u>	EM	Beacon Hill	Leicester	SK521148
Sun 12 th	Stowe Park Middle Distance	С	<u>SMOC</u>	EA	Stowe Park	Buckingham	SP681364
Sun 12 th	Park hall score and BBQ	D	POTOC	WM		longton	
Wed 15 th	Ilam Park - National Trust Series	D	DVO	EM	<u>Ilam Park</u>	llam	SK131506
Wed 15 th	LEI Summer League 18	D	<u>LEI</u>	EM	Glenfield Urban	Leicester	SK539059
Sat 18 th	Rosliston - S Derbyshire Challenge	D	DVO	EM	Rosliston Forestry Centre - tbc	Swadlincote	
Sun 19 th	East Midlands Urban League 2018	С	<u>LOG</u>	EM	Lincoln City	Lincoln	SK981716
Tue 21st	Evening sprint event	D	<u>SYO</u>	ΥH	Edge Campus	Sheffield	sk329863
Wed 22 nd	Longshaw - National Trust Series	D	DVO	EM	Longshaw NT	Sheffield	SK296790
Wed 22 nd	LEI Summer League 19 Final and Presentations	D	<u>LEI</u>	EM	Aylestone Meadows	Leicester	SK573014
Fri 24 th	White Rose Night Score Event	D	<u>EBOR</u>	ΥH		Helmsley	
Sat 25 th	White Rose (& Sprint)	В	<u>EBOR</u>	ΥH	Duncombe Park	Helmsley	
Sun 26 th	White Rose and YHOA Superleague	В	<u>EBOR</u>	ΥH	Duncombe Park	Helmsley	
Mon 27 th	White Rose Relays	С	<u>EBOR</u>	ΥH	Duncombe Park	Helmsley	
Wed 29 th	Hardwick Park - National Trust Series	D	DVO	EM	Hardwick Park NT	Chesterfield	SK453639

September

31 1 ³¹	British Sprint Championships (UKOL)	A		SW	Bath University	Bath	ST773644
Siin Ziiu	British Middle Championships (UKOL)	A		SW	Stock Hill	Wells	ST548511
Sat 8 th	Hurstwood National Event	В	PFO	NW	<u>Hurstwood</u>	Burnley	SD881313
Sat 8 th	Whitchurch Urban WMUL5	С	<u>WRE</u>	WM	Whitchurch	Whitchurch	SJ539415
Sat 8 th	West Park - Long Eaton	D	DVO	EM	West Park	Long Eaton	
Sat 8 th	LEI Club Championships	D	<u>LEI</u>	EM	<u>Outwoods</u>	Leicester	SK514519

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Sat 8th	Saturday Series 1	D	<u>SYO</u>	ΥH	Endcliffe Park	Sheffield	SK325858
Sun 9 th	Peter Palmer Junior Team Relay	В	<u>SYO</u>	ΥH	Tankersley	Sheffield	SK340986
Sun 9 th	Hurstwood Regional Event	С	PFO PFO	NW	<u>Hurstwood</u>	Burnley	SD881313
Sun 9 th	HANLEY UKUL	С	POTOC	WM	Hanley with central forest park for U 16's	HANLEY	<u>SJ886487</u>
Sun 9 th	SMOC Keyne-O, Linford Wood	D	<u>SMOC</u>	EA	Linford Wood	Milton Keynes	
Sat 15 th	SLOW City of London Race	В	SLOW	SE		London	
Sat 15 th	2018 Welsh League Event	С	<u>ERYRI</u>	WOA	Newborough Forest	Newborough, Anglesey	
Sun 16 th	EPOC National Event	В	EPOC	ΥH	Marsden Moor	Huddersfield	
Sun 16 th	Ampthill Park Local event	D	WAOC	EA	Ampthill Park	Ampthill	TL024382
Sun 16 th	LOK City of London Race Sunday	С	<u>LOK</u>	SE	Bloomsbury	Bloomsbury	
Sun 16 th	2018 Welsh Orienteering Championships	В	<u>ERYRI</u>	WOA	Newborough Forest	Newborough, Anglesey	SH406635
Sat 22 nd	Caddihoe Day 1	В	SARUM	SW	Perham Down	Tidworth	
Sun 23 rd	Lancaster Urban event	В	<u>SROC</u>	NW	Lancaster	Lancaster	
Sun 23 rd	YHOA Urban League	С	<u>SYO</u>	YH	Olympic Legacy Park (Attercliffe)	Sheffield	<u>SK382889</u>
Sun 23 rd	SUFFOC colour coded	С	SUFFOC	EA	Ickworth Park	Bury St Edmunds	TL825619
Sun 23 rd	Caddihoe Day 2	В	SARUM	SW	Sidbury Hill	Tidworth	
Sun 23 rd	WML Titterstone Clee	С	<u>HOC</u>	WM	Titterstone Clee	Ludlow	SO598757
Sat 29 th	Junior Inter Regional Championships Individual	Α	DVO	ЕМ	Chatsworth	tbc	
Sat 29 th	Park Series 1	D	<u>LEI</u>	EM		Leicester	
Sun 30 th	Junior Inter Regional Championships Relays	Α	DVO	ЕМ	Carsington Pastures	tbc	
Sun 30 th	YHOA Championships and Superleague	С	CLARO	YH		Harrogate	
Sun 30 th	EM Score Championships 2018	С	DVO	ЕМ	Carsington Pastures	Matlock	
Sun 30 th	The John Bennison Long O	D	WRE	WM	Scout Hut , Church St.	Church Stretton	SO451936
Sun 30 th	HAVOC SWELL 2018/19	С	HAVOC	EA	Thorndon Country Park South	Herongate	TQ634898

October

	20.000.									
Sat 6 th	Liverpool Big Weekend Day 1 Formby Dunes (UKOL)	В	DEE	NW	Formby Dunes	Formby				
Sun 7 th	Liverpool Big Weekend Urban Event (UKOL)	В	SELOC	NW	Liverpool University	Liverpool				
Sun 7 th	East Midlands Urban League 2018	С	<u>LEI</u>	EM	Shepshed	Loughborough				
Sun 7 th	NOR colour coded	С	<u>NOR</u>	EA		Norfolk				
Sun 7 th	SMOC Keyne-O, Campbell Park	D	<u>SMOC</u>	EA	Campbell Park	Milton Keynes				
Sun 7 th	Tony Haw Score - Ryton Pools	С	<u>OD</u>	WM	Ryton Pools Country Park	Coventry	SP370724			
Sat 13 th	October Odyssey day 1	В	<u>CLOK</u>	NE	Flyingdales	Whitby				

Sat 13 th	Park Series 2	D	<u>LEI</u>	EM		Leicester	
Sun 14 th	October Odyssey day 2	В	CLOK	NE	Sneaton	Whitby	
Sun 14 th	East Midlands League 2018	С	DVO	EM	Grangewood	Swadlincote	
Sun 14 th	Chalkney, SOS Colour coded and ESSOL	С	<u>sos</u>	EA	Chalkney	Earls Colne	TL875275
Sat 20th	YHOA Urban League	С	<u>HALO</u>	ΥH	Gainsborough	Gainsborough	
Sat 20th	GO City Race	С	<u>GO</u>	SE	Godalming	Godalming	
Sat 20 th	DVO Club Championships - closed event, DVO members only	D	DVO	EM	Shipley Country Park	llkeston	
Sat 20th	British Orienteering Association and Club Conference 2018	В	<u>BOF</u>	BOF	TBD	West Midlands	
Sat 20th	OD Saturday Morning Event - Pooley Country Park	D	<u>OD</u>	WM	Pooley Country Park, Polesworth	Tamworth	SK257024
Sun 21st	Compass Sport Cup Final	Α	<u>WCH</u>	WM	Abraham's Valley	Rugeley	SJ994210
Sat 27 th	Alfreton Park	D	DVO	EM	Alfreton Park	Alfreton	
Sat 27th	Park Series 3	D	<u>LEI</u>	EM		Leicester	
Sun 28 th	EBOR Urban	С	<u>EBOR</u>	ΥH	Woodthorpe	York	
Sun 28 th	High Ash	С	WAOC	EA	High Ash	Mundford	TL735752
Sun 28 th	East Midlands Urban League 2018	С	<u>NOC</u>	EM	Nottingham	Nottingham	

November

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Sat 3 rd	Eurocity Race Tour Weekend (Twin Peak Day 1)	С	MDOC	NW	Offerton Streets	Stockport	
Sun 4 th	November Classic	В	SOC	SC	Hampton Ridge	Southampton	
Sun 4 th	Eurocity Race Tour weekend (Twin Peak Day 2)	В	MDOC	NW	Central Manchester and Castlefield	Manchester	
Sun 4 th	SUFFOC colour coded	С	<u>SUFFOC</u>	EA	Kings Forest	Bury St Edmunds	TL825747
Sun 4 th	East Midlands League 2018	С	NOC	EM	Silverhill Woods	Nottingham	
Sat 10 th	Shipley Country Park	D	DVO	EM	Shipley Country Park	Shipley	
Sat 10 th	Park Series 4	D	<u>LEI</u>	EM		Leicester	
Sun 11 th	Regional Event	С	<u>SYO</u>	ΥH	Treeton	Sheffield	
Sun 11 th	The Ercall WML9 WM Champs	С	<u>WRE</u>	WM	The Ercall	Wellington	SJ640097
	Regional Event	С	<u>AIRE</u>	ΥH	Roundhay Park	Leeds	
Sun 18 th	East Midlands League 2018	С	DVO	EM	Linacre Reservoirs	Chesterfield	SK355730
Sat 24 th	Southern Night Championships (UKOL)	В	<u>GO</u>	SE	Puttenham Common and Britty Wood	Puttenham	
Sun 25 th	Southern Championships (UKOL)	В	<u>SN</u>	SE	Hindhead & Devil's Punchbowl	Hindhead	
Sun 25 th	East Midlands League 2018	С	<u>LEI</u>	EM	Bradgate Park	Leicester	